



Luxury Spa Experiences

Choose one of our spa wellness experiences in Tain spa, with use of luxurious facilities and treatments that will transform your body, mind and soul.

With a range of options to enjoy our outdoor thermal pools, sauna and glass garden room, you can relax and enjoy the surrounding countryside as we bring you closer to nature for a truly wonderful time.



Aspen Spa experiences have been carefully designed for the ultimate in relaxation and to suit your needs.

New to Aspen is our dual zone fitness swim spa which is included in some experiences. Keep active in the swim zone then relax in the hot tub zone with views over the countryside.

Classic spa experience £235

Freshly prepared smoothie
Swim spa, hot tub, sauna & glass garden room
Signature massage or O2 Relax facial or Citrus
Body Scrub 60 mins
2 course organic lunch with glass of champagne

Afternoon delight £245

Freshly prepared smoothie
Swim spa, hot tub, sauna & glass garden room
Choose from Signature massage or O2 Relax facial 60 mins
Afternoon tea in the glass garden room with glass of champagne

Calming spa experience £270

Freshly prepared smoothie
Swim spa, hot tub, sauna & glass garden room
Natura Bissé Diamond-Well Living massage 90 mins
2 course organic lunch with glass of champagne

Signature spa experience £310

Freshly prepared smoothie
Swim spa, hot tub, sauna & glass garden room
Aspen Spa Signature massage 60 mins
Natura Bissé O2 Relax Facial 60 mins
2 course organic lunch with glass of champagne

Mother-to-be spa experience £220

Created for women in their 2nd & 3rd trimester
Freshly prepared smoothie
Use of swim spa active zone. Thermal facilities not included
Use of glass garden room
Pregnancy massage 60 mins & Express nails
2 course organic lunch with alcohol free drink

Express spa experience £195

2.5 hours of relaxation Mon-Thur (09.30-12.00 or 13.30-16:00)
Massage 60 mins
Glass of champagne
Hot tub and sauna
Refreshment in lounge

Evening restore £195

2.5 hours Wed, Thur, Fri after 3pm
Massage 60 mins
Glass of champagne
Hot tub and sauna
Refreshment in lounge

Please contact us if you would like to add extra treatments of your choice to your spa experience.

Continue your spa experience at home with a £10 credit that can be used on the day towards our Natura Bissé spa and skincare range.