

# Spa Treatments

Aspen Spa, Hartfield, Tain, IV19 1NH Aspen Spa, Carnegie Courthouse, Castle Street, Dornoch IV25 3SD relax@aspenspa.co.uk | www.aspenspa.co.uk | 01862 892233 | 01862 811022



### Face

#### Natura Bissé

- O2 Relax facial 60 mins £110
- Stabilizing facial 60 mins £110
- Citrus Essence facial 60 mins £120
- 3D Collagen Shock facial 60 mins £140
- Inhibit Face Lift facial 60 mins £150
- Carboxi-Express Skin Booster 30 mins £75
- Radiance Express Peel 30 mins £75
- Deep Cleanse facial with steam 60 mins £110

## Sodashi

• Pure Radiance for sensitive skin 60 mins £110 Crystal Clear

(Microdermabrasion Dornoch only)

- Frozen facial 75 mins £135
- Botox without the needle 60 mins £120
- H2O Glow 60 mins £120
- Acne targeting facial 60 mins £115

## Massage

## Aspen Signature

- Aspen signature massage 30 / 60 / 90 mins £65 / £110 / £165
- Massage with hot stones 30 / 60 / 90 mins £70 / £115 / £170
- Massage with exfoliation 30/90 mins £75/£165
- Pregnancy massage 60 mins £110
- Golfers recovery massage 30 / 60 / 90 mins £70 / £120 / £170
- Sports massage 60 mins £120
- Hydrotherm remedial & relaxing massage 30 / 60 / 90 mins £65 / £110 / £165
- Cancer massage *30 / 60 mins* £65 / £110

## Natura Bissé

- Diamond Well-Living Massage 30 / 60 / 90 mins £65 / £110 / £165
- Quirogolf Massage 60 mins £120

# **Cosmetic/aesthetic**

# Body

#### Natura Bissé

- Citrus Scrub 60 mins £120
- Diamond Well-Living Scrub 60 mins £120
- Diamond Well-Living Body Hydration 60 mins £120

## Aspen Signature

- Scalp treatment 30 mins £65
- Foot treatment 30 mins £65
- Reflexology 60 mins £85
- Advanced reflexology for women's health or orthopedic 60 mins £95 / 90 mins £140\* (\*includes 30 min foot treatment)

## **Finishing Touches**

## Nails

- Express nails or toes 30 mins £30
- Shellac / Gel Bottle applied to nails or toes 45 mins £40
- Shellac/Gel Bottle remove & reapply 60 mins £45
- Manicure 60 mins £60 (add shellac/gel £65)
- Pedicure 60 mins £60 (add shellac/gel £65)
- Advanced pedicure specialist treatment 60 mins £70 (add polish £5, add Shellac £8)

## Grooming

Full range of specialist waxing including:

- Brazilian £48
- Full leg £45
- Eyebrow wax & tweeze or threading £18
- Lip £14
- Full face & neck wax or threading £48
- Eyebrow wax, shape and tint  $\pounds 25$
- Eyelash tint with hand massage  $\pounds 18$
- Eyelash tint, eyebrow wax and tint £30 Eyelashes
  - Eyelash lift £65
  - Classic eyelash extensions £80
  - Volume lashes £90 includes aftercare kit
  - Infill £50 up to 3 weeks
- Facial aesthetic treatments available from our expert doctor including wrinkle relaxing injections, dermal fillers, lip enhancement, skin peels and more. Full price list on website.
- Microblading eyebrow enhancement from £450 includes 2 appointments

Gift vouchers available to buy online. Skincare & gifts available in spa shop.