



## Luxury Spa Experiences

*Choose one of our spa wellness experiences in Tain spa, with use of luxurious facilities and exceptional treatments that will restore harmony and balance to both body and mind.*

*With a range of options to enjoy our outdoor thermal pools, sauna and glass garden room, you can relax and enjoy the surrounding countryside as we bring you closer to nature for a truly wonderful time.*



*Aspen Spa experiences have been carefully designed for the ultimate in relaxation.*

*Enjoy the outdoor decked area with dual-zone swim spa which is included in some experiences. Keep active in the swim zone then relax in the hot tub with views over the countryside.*

### **Classic spa experience £250**

#### *Spa Day*

Health shot drink upon arrival  
Swim spa, hot tub, sauna & glass garden room  
Signature massage or O2 Relax facial or Citrus Body Scrub 60 mins  
2 course organic lunch with glass of champagne

### **Wellbeing duo spa experience £250**

#### *Spa Day*

Health shot drink upon arrival  
Swim spa, hot tub, sauna & glass garden room  
O2 Relax facial & back massage combination 60 mins  
2 course organic lunch with glass of champagne

### **Afternoon delight £260**

#### *Spa Day*

Health shot drink upon arrival  
Swim spa, hot tub, sauna & glass garden room  
Choose from Signature massage or O2 Relax facial 60 mins  
Afternoon tea in the glass garden room with glass of champagne

### **Signature spa experience £340**

#### *Spa Day*

Health shot drink upon arrival  
Swim spa, hot tub, sauna & glass garden room  
Aspen Spa Signature massage 60 mins  
Natura Bissé O2 Relax Facial 60 mins  
2 course organic lunch with glass of champagne

### **Mother-to-be spa experience £250**

*Created for women in their 2nd & 3rd trimester*  
Health shot drink upon arrival  
Use of swim spa active zone. Thermal facilities not included  
Use of glass garden room  
Pregnancy massage 60 mins & express nails  
2 course organic lunch with alcohol free drink

### **Express spa experience £205**

#### *2.5 hours of relaxation*

Massage 60 mins  
Glass of champagne  
Hot tub and sauna  
Refreshment in lounge

### **Evening restore £195**

#### *2.5 hours Wed, Thur, Fri after 15:00*

Massage 60 mins  
Glass of champagne  
Hot tub and sauna  
Refreshment in lounge

### **Body Boost £125**

#### *1.5 - 2 hours*

Massage 30 mins  
Hot tub and sauna 45 mins  
Refreshment in lounge

### **Detox & Relax £110**

#### *1.5 hours - Also available in Dornoch Spa*

Massage 30 mins  
Sauna 30 mins  
Refreshment in lounge

*Please contact us if you would like to add extra treatments to your spa experience. Subject to additional cost/availability.  
Continue your spa experience at home with a £10 credit that can be used on the day towards our Natura Bissé spa and skincare range.*



## *Exclusive Use for Group & Corporate Events*

Aspen Spa Tain is the ideal location for a luxurious private event or group experience. We can arrange for the whole spa and facilities to be available exclusively for you and your group with bespoke packages including spa treatments, catering and transport.

### **This is ideal for**

- Golf and tour operator packages
- Corporate events and team building
- Hotel partnerships
- Birthday or special occasion celebrations for groups of 6 and over
- Teen Spa Packages
- Wedding celebrations including *Getting Ready at Aspen* or pre-wedding celebrations with friends
- Personalities, celebrities or individuals who require privacy and discretion
- Others requiring an exclusive and unique space for events or gatherings

### **Facilities to enjoy**

- Glass garden room with area to lounge and enjoy the countryside
- Outdoor decked area with seating
- Outdoor swim spa pool and hot tub within pergola
- Outdoor scenic view barrel sauna and hot tub
- 2 indoor relaxation rooms
- 4 spa treatment rooms
- Changing room with lockers, showers and vanity area

### **Bespoke packages**

We can arrange bespoke packages and spa experiences to suit your specific needs. All you need to do is get in touch and provide the following information:

- Preferred date(s) for your event or occasion
- Number of guests
- Which spa experience or treatments you'd like
- Special requests or requirements

We'll take care of the rest.

Packages will be priced individually but costs for listed spa experiences can be used as a guide. Supplement for larger groups and exclusive use may apply.

Contact [relax@aspenspa.co.uk](mailto:relax@aspenspa.co.uk) or call 01862 892233

