



Luxury Spa Experiences

Choose one of our spa wellness experiences in Tain spa, with use of luxurious facilities and exceptional treatments that will restore harmony and balance to both body and mind.

With a range of options to enjoy our outdoor thermal pools, sauna and glass garden room, you can relax and enjoy the surrounding countryside as we bring you closer to nature for a truly wonderful time.



Aspen Spa experiences have been carefully designed for the ultimate in relaxation.

Enjoy the outdoor decked area with dual-zone swim spa which is included in some experiences. Keep active in the swim zone then relax in the hot tub with views over the countryside.

Classic Spa Experience £260

Spa Day

Health shot drink upon arrival
Swim spa, hot tub, sauna & glass garden room
Signature Massage or Citrus Facial or Citrus Body Scrub 60 mins
2 course organic lunch with glass of champagne

Wellbeing Duo Spa Experience £260

Spa Day

Health shot drink upon arrival
Swim spa, hot tub, sauna & glass garden room
Citrus Facial & Signature back massage combination 60 mins
2 course organic lunch with glass of champagne

Afternoon Delight £270

Spa Day

Health shot drink upon arrival
Swim spa, hot tub, sauna & glass garden room
Choose from Signature Massage or Citrus Facial 60 mins
Afternoon tea in the glass garden room with glass of champagne

Mother-to-be Spa Experience £260

Created for women in their 2nd & 3rd trimester

Health shot drink upon arrival
Use of swim spa active zone. Thermal facilities not included
Use of glass garden room
Pregnancy massage 60 mins & express nails
2 course organic lunch with alcohol free drink

Signature Spa Experience £350

Spa Day

Health shot drink upon arrival
Swim spa, hot tub, sauna & glass garden room
Aspen Spa Signature Massage 60 mins
Natura Bissé Citrus Facial 60 mins
2 course organic lunch with glass of champagne

Express Spa Experience £205

2.5 hours of relaxation

Signature Massage 60 mins
Glass of champagne
Hot tub and sauna
Refreshment in lounge
Also available in the evening - please enquire

Summer Sizzler £95 / £145

2.5 hours / 3 hours with treatment

Hotel Chocolat iced chocolate or latte with summer tart
Relaxation in lounge
Hot tub and sauna
Option to add 30 min Signature Massage
For groups of 2 or more. Winter equivalent available

Detox & Relax £115

1.5 hours - Also available in Dornoch Spa

Signature Massage 30 mins
Sauna 30 mins
Welcome drink

Aspen Retreats From £405pp

Spa & Stay with overnight stays in Dornoch and spa experiences in Tain or Dornoch. See website.

*Please contact us if you would like to add extra treatments to your spa experience. Subject to additional cost/availability.
Continue your spa experience at home with a £10 credit that can be used on the day towards our Natura Bissé spa and skincare range.*



Exclusive Use for Group & Corporate Events

Aspen Spa Tain is the ideal location for a luxurious private event or group experience. We can arrange for the whole spa and facilities to be available exclusively for you and your group with bespoke packages including spa treatments, catering and transport.

This is ideal for

- Golf and tour operator packages
- Corporate events and team building
- Hotel partnerships
- Birthday or special occasion celebrations for groups of 6 and over
- Teen Spa Packages
- Wedding celebrations including *Getting Ready at Aspen* or pre-wedding celebrations with friends
- Personalities, celebrities or individuals who require privacy and discretion
- Others requiring an exclusive and unique space for events or gatherings

Facilities to enjoy

- Glass garden room with area to lounge and enjoy the countryside
- Outdoor decked area with seating
- Outdoor swim spa pool and hot tub within pergola
- Outdoor scenic view barrel sauna and hot tub
- 2 indoor relaxation rooms
- 4 spa treatment rooms
- Changing room with lockers, showers and vanity area

Bespoke packages

We can arrange bespoke packages and spa experiences to suit your specific needs. All you need to do is get in touch and provide the following information:

- Preferred date(s) for your event or occasion
- Number of guests
- Which spa experience or treatments you'd like
- Special requests or requirements

We'll take care of the rest.

Packages will be priced individually but costs for listed spa experiences can be used as a guide. Supplement for larger groups and exclusive use may apply.

Contact relax@aspenspa.co.uk or call 01862 892233

